The Flyer

July 2024 Edition

PO Box 55, New Ross, NS, B0J 2M0 **E-mail Ads and Notices to: nrfrclaura@gmail.com** The <u>deadline</u> for receiving items for the **August Flyer is** <u>Wednesday, July 24th at</u> <u>4 pm</u> with delivery coming on Wednesday July 31st, 2024.

Suggested donations for flyer ads:

Payments by cheque, cash, or E-transfer to newrossflyer@gmail.comFull page ad \$30½ page ad \$15I/3-page ad \$10Please remember to include your contact info with your ad (name and phone #)

The Flyer acknowledges the following recent donations:

G&C HughesNew Ross Development SocietyAlice HiltzKyle VeinottChester PlayhouseRoss Farm MuseumOur Health CentreNew Ross Credit UnionCarrie Hayden – Lacy Mines Event Venue & CampgroundValerie LohnesJaimee BarkhouseT&D NurseryThank you all for your continued support!Carrie Hayden - Lacy Mines Event Venue & Campground

NEW ROSS FAMILY RESOURCE CENTRE

4691 Highway 12, PO Box 106, New Ross (902) 689-2414 *Follow us on Facebook! https://www.facebook.com/nrfrc/ **OFFICE HOURS: M-Th 9-4, Fridays by chance. Executive Director:** Lindsay Lenihan, nrfrcdirector@gmail.com **Office Administrator**: Laura Broome, nrfrclaura@gmail.com

Family & After School Program Co-ordinator: Janice Cornelius, nrfrcjanice@gmail.com

ON SITE BLOOD COLLECTION every second THURSDAY.

You must **call Colleen Hull at <u>624-0406</u> to book your appointment!** BLOOD COLLECTION FEE \$15 For in Centre Collection.

Upcoming Dates: July 4th & 18th August 1st, 15th & 29th September 12th & 26th

These dates are subject to change pending weather conditions or lack of appointments. If you have an appointment and the clinic is cancelled, you will be notified by Colleen and it will be posted on the Resource Centre Facebook page.

New Ross Family Resource Centre Programming.

for Parents and Families - always free. childcare available, snacks provided



Food Box Program IST WEDNESDAY OF THE MONTH

You will receive all of the ingredients to make one homemade meal (with recipe included) along with some pantry staples!

NRFRCDIRECTOR@GMAIL.COM (902) 689-2414

Free Meals for Families

A partnership with the Forties Community Centre and their monthly dinners to help support all families with children 19 or under and living at home to share in having a local, nutritious, home cooked meal provided to them! Simply come to the Centre and let us know who in your household would like this meal, then present your tickets at the time of the dinner. You are welcome to sit and enjoy your meal there or bring it home to enjoy at home. This month's dinner is Meatloaf on July 14th from 4:00-6:00 pm.

New Ross Childrens' Soccer TUESDAYS & THURSDAYS

Ages 4+5 practice from 5:00 - 6:00. Ages 6+7 practice from 6:00 - 7:00. T-shirt, shorts, tall socks, outdoor shoes or cleats, and a water bottle all required. Find the registration form on Facebook! Funding available through PROKids. \$65.00 / child

Birth & Postpartum Support

Lindsay is trained as a Birth and Postpartum Support Doula. She can help you prepare you prenatally for the arrival of your child, including information on common pregnancy symptoms, what to expect in labour, the creation of a birth plan, and help prepare your support person for their role in the birth room. Postnatally, Lindsay can offer postpartum support such as lactation support, comfort measures, even help around the house. Lindsay is accepting limited clients.

NRFRCDIRECTOR@GMAIL.COM (902) 689-2414

for Children & Youth

Summer Childcare MONDAY - THURSDAY 7:30 AM - 6:00 PM

We are providing Summer Childcare starting July 2nd until August 22nd. Days will have a good mix of indoor/outdoor time, daily music circle, crafts, games, and activities. Caregivers are expected to provide lunch and snacks. For more information or to pick up a registration form, please contact Janice or come in to the Centre.

NRFRCJANICE@GMAIL.COM (902) 277-1823

for Everyone

Produce Box Program 2ND LAST WEDNESDAY OF THE MONTH

Each month we will have boxes of seasonal, local produce available for sale in our area. These boxes include a variety of produce such as apples, lettuce, beets, tomatoes, squash, carrots, onions, potatoes, corn on the cob, etc. Each box costs \$25.00

NRFRCDIRECTOR@GMAIL.COM (902) 689-2414

Programming in Partnership

Yoga with Mona

TUESDAYS 6:30-7:45 PM

Wednesday evening class is full, but there is still space available in the Tuesday night class. Because the session has already started classes will be \$12 each for the remainder of the current session.

NRFRCJANICE@GMAIL.COM (902) 277-1823

Community Cupboard & Closet

MONDAY-THURSDAY 9:00-4:00

Donated goods are welcome for anyone to take during our regular office hours. Take what you need or leave what you can.

Mona Thomarat MONDAY JULY 15 1:00 - 4:00

Mona can help with any grant applications, photocopying, etc. As always, if you need assistance outside of this time Mona is quite accommodating!

Word Puzzles Brain Teasers

me right	read	o_er_t_o_	CHANCE
stefrankin	XQQQME	history history history	Arrest You're

MM

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Carada Day	2 FIRST DAY OF SUMMER CHILDCARE!	3 FOOD BOX PICKUP 1:00 - 4:00	4 BLOOD COLLECTION 8:30-9:30	5	6
		SOCCER 5:00-7:00	YOGA 6:30 - 7:45	SOCCER 5:00-7:00		
7	8	9	10 CAREGIVERS	11	12	13
			SUPPORT GROUP 1:00 - 3:00	SOCCER 5:00-7:00		
14	15 MONA 1:00 - 4:00	16	17	18 BLOOD COLLECTION 8:30-9:30	19	20
		SOCCER 5:00-7:00	YOGA 6:30 - 7:45	SOCCER 5:00-7:00		
21	22	23	24 PRODUCE BOX PICKUP 1:00 - 4:00	25	26	27
		SOCCER 5:00-7:00	YOGA 6:30 - 7:45	SOCCER 5:00-7:00		
28	29	30	31			

With Thanks

The family of Marie Adams would like to extend our sincere thanks to everyone who has been so thoughtful and supportive in such a difficult time. We especially want to thank those who dropped off food, made memorial donations and expressed their sympathy with calls, cards and flowers. It was so heartening to see everyone who attended the visitation at the Funeral Home and her Celebration of Life; it truly speaks to what a special person Mom was.

Thank you to **everyone** who participated in the service and special thanks to Dave Doyle for doing such a wonderful job of singing the songs that Mom had chosen. We would also like to express our sincere gratitude to the New Ross Fire Department for the use of their hall and

to the Christ Church Guild for the lovely lunch after the service.

We would also like to acknowledge the EHS, the staff of the Emergency and ICU Departments of the South Shore Regional Hospital, the White Family Funeral Home and Rev. Dawn-Lea Greer. Their genuine empathy, care and kindness has meant a great deal to us all.

Our heartfelt appreciation goes to Lunenburg County Home Support and the numerous care workers for your daily visits with Mom over the years; she so enjoyed seeing all of her "girls". We will miss Mom's stories and recollections of days gone by - she had such a good memory for dates and details, and of course we will miss playing cards. A game of 45's will never be the same without her.

It is times like these when we truly understand and appreciate what it means to live in such a loving and thoughtful community.



Thank you to everyone who donated to me for my MS Walk this year! It was a cool day, and we achieved the highest fundraising total ever this year in Lower Sackville! Thanks to all of your donations, this was the most I have ever raised personally, with a little over \$4,000! This past year has been tough for me as I wasn't feeling the best, so if you wanted to donate and I didn't get to you this year, I will next year! Thanks for supporting the MS Walk!

Love, Daisy Turner

Community Spotlight

Teirgan Andrews





Addisyn Broome



Congratulations

Andelyn Countway



Lexie McDow



Wishing all the best to the Grade 8 Graduates of New Ross Consolidated School! Good Luck next year at Forest Heights!

Drew Sanford-Craig



Kiya Hayden



Elicia Skerry



Communíty News



OHC Same Day Clinic Schedule for JULY 2024 902-273-2098



Call 1-902-273-2098 starting **30 MINUTES** before each shift to make a same day appointment pre-booking is no longer available.

Tuesday	Wednesday	Thursday	Friday	Saturday
2 CLOSED	3 5pm to 9pm ³	4 9:30 am to 1pm 5pm to 9pm	5 CLOSED	6 9am to 1pm
9 CLOSED	10 5pm to 9pm	11 9:30 am to 1pm 5pm to 9pm	12 CLOSED	13 9am to 1pm
16 CLOSED	17 5pm to 9pm	18 9:30 am to 1pm 5pm to 9pm	19 CLOSED	20 9am to 1pm
23 CLOSED	CLOSED 24	25 9:30 am to 1pm	26 CLOSED	27 CLOSED
30 CLOSED	31 CLOSED			

Admin office 902-275-3847 Walk-in clinic 902-273-2098 Address: 3769 Hwy #3 PO Box 74 Chester NS B0J 1J0







Healthy Eating for Diabetes NEW LOCATION!

Join Certified Diabetes Educator Alana Barry June 27th, 6 - 7 pm New Ross Family Resource Centre 4691 Highway 12, New Ross

Register today to reserve your spot 902-273-2283 or admin@ourhealthcentre.ca



OHC TEDDY BEAR & FRIENDS CLINIC

The OHC is visiting the Hubbards Market over the summer, as a fun and engaging way for children and families to get to know the OHC team!



JULY 6TH OR AUGUST 10TH

08:00 AM - 12:00 PM

HUBBARDS FARMERS MARKET 57 Highway 3, Hubbards NS B0J1T0



🔇 902-273-2283 🌐 ourhealthcentre.ca



***** NEW PROGRAM *****

CRAFT CIRCLE

This community led **DROP-IN** program is **FREE** and invites crafters to come together to work on their own crafts in a social setting with others.

If you currently do not craft but would like to learn, drop in and we can help get you started on a craft that interests you! It will be a social, casual and fun atmosphere with like minded people where we can craft & chat with tea or coffee and share ideas!

WHERE: New Ross Family Resource Centre (downstairs) WHEN: Weekly beginning Tuesday JULY 2nd TIME: 7-9pm

*** For more info , please contact Mary at 902-478-2301***

Refundables Fundraiser



WHO: All proceeds go to the New Ross Daycare!

WHEN: Anytime, ongoing

WHERE: Drop off directly at Adam's Bottle Exchange at 5962 Hwy 3, Gold River and ask to have the exchange donated to the New Ross Daycare account.

**Local pick up of prepared refundables can be arranged within New Ross and surrounding communities.

Please call or text any questions to (902) 277-2533



New Ross Daycare Annual General Meeting

When: August 8th, 2024 at 6:30pm

Where: New Ross Family Resource Centre (Upstairs)

Come ask questions, meet the daycare Staff and Board of Directors and Get Involved! Everyone Welcome!!



ENROL TODAY!

Did you know that 63% of youth who have been in a match with Big Brothers Big Sisters Mentoring Programs have reached for post secondary education? And 81% have stronger financial literacy, along with a build up in their self-esteem and social skills.

Who We Are

Big Brothers Big Sisters mentoring programs provide youth with a role model to talk and share experiences with. Through regular outings, mentors and their mentees are able to grow their relationship through common interests.

Why Choose Us



TIME COMMITMENT

Mentees and mentors meet regularly 1-2 hours every week or every other week.



IMPACT

The impact that mentoring has on both the mentee and mentor is life changing. Both individuals are able to gain new insights and grow in their mutual experiences and interest.

r B

EXPENSE

We ensure that our mentors & mentees know that there is a very little cost commitment to their outings. Often mentees and their mentors meet at the park, do arts & crafts, play board games, and any other activity that might spark their interest!

Our Programs

Community Based Mentoring

- 1-2 hours every week to every other week
- Minimum one year time commitment
- · Outings are within the community

In-school Mentoring

- 1-2 hours every week to every other week
- September-June
- · Outings are during school hours

Contact Us

1-902-543-4435

https://southshore.bigbr othersbigsisters.ca/abou t-us/

southshore@bigbrothersbigsisters.ca



Schedule for the Parish of New Ross JULY 2024

Sunday, July 7th Service of Holy Eucharist

Sunday July 14th – Service of Morning Prayer

Sunday July 21st - Service of Holy Eucharist

Church Times for Sundays

9AM: St. Augustine's 11AM: Christ Church 2PM: St. Cyprians



Thursday, July 25th 7PM: Healing Service @ Christ Church, New Ross (Conversation post service about healing ministries) All Welcome!

Sunday, July 28th – Café Church

10AM: New Ross Legion

ALL ARE WELCOME!



Legion Events

Guests must be signed in by a Member. Under aged guests must be accompanied by a guardian. Membership is easy and inexpensive. Come take a look! Open Monday, Thursday & Friday at 4pm



* No Friday night music in July *

Coffee Social: Every Monday 9-11AM Join us for coffee, tea, baked goods and good conversation. Everyone Welcome to attend. Free will offering.

Legion Youth Sports Day was held on Saturday June 1 at New Ross Consolidated School. We had a wonderful day as did the kids. We would like to thank all parents, legion members and friends who worked to make it a memorial event for the children. We like to recognize Pepsi, Superstore, Sobeys, Cottage Country, South Shore Concrete, New Ross Volunteer Fire Department, Hughes Diesel and Whitney Doyle Photography for their donations. Thanks to Legions from Bridgewater, Chester, Chester Basin, New Germany, Mahone Bay and Liverpool for their help with this event. We appreciated the help of all the schools who made sure all the registration forms went home with the students.

Remembrance Banners: If you would like to order a Remembrance Day Banner for telephone pole contact Ron Langevin 902-599-0991

CANADA DAY: Monday July 1. 4:00 Opening Ceremony followed by music by local musicians. 7:00-10:00 MUSIC by "THE BARKHOUSE BOYZ". FIREWORKS follows 10:15 at the Post Office. There will be face painting, cotton candy, fish pond, bbq hamburger and hot dogs. Anyone wishing to make a donation to the fireworks may do so at the Legion or Credit Union

We offer **Pool** on Monday, Thursday and Friday nights. Everyone is welcome to drop by. We open at 4 pm these days. We also offer **Bingo** on Thursday Night at 7pm. Again everyone is welcome to drop in.

On Monday night we draw for our **'Chase The Ace'** fundraiser. Currently estimated jackpot \$4500.00 and tickets are sold throughout the community at New Ross Home Hardware, Gina's Hair Styling, Harley Bears Shop, New Ross Post office and of course, at the legion during open hours.

The Legion loans out wheel chairs, walkers, and crutches at no charge for any community members in need. We are a not for profit group working for our membership and our community and are proud of our legion. We very much like you to visit and enjoy our facility. We rent it for dances, parties and funerals or any other occasion you need a space for. Please drop by learn what we are about and what we provide.



SHOPPING - FOOD - MUSIC - FUN

- HOME DECOR
 VINTAGE
 BOOKS
 PUZZLES
 TOYS
 SWEETS & TREATS
 CRAFTS
- CLOTHES PRESERVES
- SO MUCH MORE!

Rain or Shine Free Will Admission Variety of Vendors

In support of the New Ross Farmers Association https://www.facebook.com/thisnthatcountrymarket/



The New Ross Legion Invites you to CELEBRATE CANADA DAY – 2024!

Monday, July 1st 4:00pm Opening Ceremony followed by local musicians. 7pm-10pm – music by "The Barkhouse Boyz." 10:15pm Fireworks in the field behind the Post Office

Rain date for fireworks July 2, same time

Face painting, and Fish Pond for the children. BBQ hot dogs, hamburgers, along with refreshments, and Cotton Candy are available to purchase. Cake is free for all.

4pm-10pm - the Legion will be open, including the bar.

Come and Enjoy Canada Day in the Greatest Country in the World.

Forties Community Centre

~ Where Old Friends Meet! ~



1787 Forties Road Phone:

902-689-2000 Centre Or 902-689-2612 Or 902-689-2147 **Email:** fortiescc@gmail.com **Rental Info & Bookings**: Ervin Broome 902-689-2782 **Follow us on Facebook!**

Crib Tournament Sunday July 7th 2024

Doors open 12 noon Registration starts 12:30 Play starts 1pm \$ 20.00 / team For more information call 689-2147 Canteen, wheelchair accessible (ground level) Tournaments are the 1st Sunday of each month

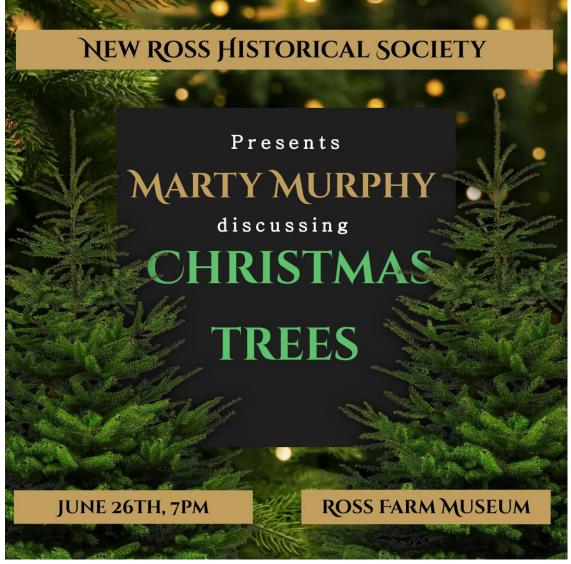


Card Parties – **Tuesdays evenings at 7pm** \$3/person. For information, call 902-644-3359

Strawberry Supper

Sun, July 14 - Forties dinner, dessert, tea / coffee. Adults: \$17, Under 12: \$7, Under 5: \$3 Eat in or Take-Out.







<u>CIBC Run for the Cure Fundraiser</u> TICKET AUCTION

East Dalhousie Community Hall – July 27, 2024

Door opens @ 11:00 am Draws start @ 1:00 pm Envelopes \$2.00 ea or 3 for \$5.00 & contain 30 numbers 50/50 tickets \$2.00 ea or 3 for \$5.00

Each \$3.00 item you purchase from the pink table receive a ballot to win \$25.00

Canteen/Storage Room open 9-12/ Community Corner Café open 9-12 also running this day



SUMMER

SUNDAY	9:30am - 4:30pm
MONDAY	9:30am - 4:30pm
TUESDAY	CLOSED
WEDNESDAY	9:30am - 4:30pm
THURSDAY	9:30am - 4:30pm
FRIDAY	9:30am - 4:30pm
SATURDAY	9:30am - 4:30pm



Adult \$10.00 Senior (65+) \$8.00 Students (with Student Card) \$8.00 Child (6-17 years) \$4.00 5 & Under Free Family (max. 2 adults) \$25.00

Ross Farm Season Pass Family \$48.00, Adult \$25.00



Email rossfarm@novascotia.ca

Website https://rossfarm.novascotia.ca/

Location 4568 Highway 12 New Ross, NS, BoJ 2Mo



Open 7 Days a Week 9:00am - 3:30pm

Phone 902-300-4090 Call for takeout, reservations or catering inquiries.

Follow on Facebook @thehearthroomcafe



Heritage Breeds July 6 & 7

Come see the animals that are part of our agricultural history and heritage. If it weren't for these animals our forefathers probably could not have survived and we would not be here today. Now is your chance to pay tribute to these animals and see what an important role they played on the farm. Staff will be on hand to answer any questions you may have.



I Have an Axe to Grind

July 20 & 21

Ross Farm staff will be on hand today to demonstrate tool sharpening techniques, using a grindstone. They will show what tools can be sharpened using the grindstone, and the proper way to use this device.



Ox Power August 3 & 4

Before the arrival of machines, work that was too hard for humans was carried out by highly trained animals. For hundreds of years, the Ox has helped to do everything from preparing the land, to moving heavy loads. This weekend you will have the opportunity to see the oxen at Ross Farm at work, chat with the teamster, and learn what made Oxen so important to settlers in rural Nova Scotia

Straw Hats

August 10 & 11

Making hats by braiding natural fibres is considered an art by some, but at one time, it was simply a fact of life. When labourers were out all day under the hot sun, protection was a necessity. During the late 18th to early 19th centuries, the wearing of straw hats by farmers and labourers was quite common in both North America and Europe, since the materials were inexpensive and readily available. This weekend staff will be demonstrating the traditional art of Straw-hat braiding.



Spoon Making

August 17 & 18

Wooden spoons have always been an essential utensil in kitchens around Nova Scotia and throughout the world. They come in all shapes and sizes and are used for many different purposes. This weekend our interpreters will be demonstrating the steps involved in making a wooden spoon from a block of wood in the farm workshop.

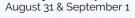


Nothing but the Flax

August 24 & 25 This weekend staff will be on hand to inform and demonstrate the steps involved from the planting of the flax seed to the spinning of the fiber.



Family Participation Days



Today is your chance to step back in time and do some everyday hands-on activities. Different activities will be scheduled each day such as wood punching, quill pen writing, taffy pull, candle dipping, grain flailing, cow milking, and blacksmithing.



Candle Making September 14 & 15

In the early 1800s the only source of light would have been by candle. Many families would have had to make their own candles or go with no light at all. Come join the staff in making dipped candles just like the settlers would have done years ago

Pumpkin Harvest September 21 & 22

It's time to harvest the pumpkin you planted in June!

*Please check our website or social media accounts for any changes or updates to events.



Saturday, August 10

11-6PM AT THE NEW ROSS LEGION

FEATURING LOCAL ARITSTS:

Jessica Russell · Tyler Salsman · Danielle Hirtle · Tyler Corbin · Chris Bland Ken MacPherson · Cheyenne Naugler · Hank Middleton · Jasmine Broome Jamie Junger · Cynthia Myers · Ricky Naugler · Stephen Dicks · Emily Williams







local vender booths

music all day long

- food & drinks \$\$
- 2:30 JAMIE JUNGER
- 3:00 DANIELLE HIRTLE
- 3:30 JASMINE BROOME
- 4:00 CHEYENNE NAUGLER
- 4:30 RICKY NAUGLER
- 5:00 TYLER SALSMAN
- 5:30 JESSICA RUSSELL



TREES 2 TRIM LTD. JESSICA & MIKE WILLIAMS MICHAEL & JANET KEDDY

11:00 CHRIS BLAND

12:00 TYLER CORBIN 12:30 EMILY WILLIAMS

1:00 STEPHEN DICKS

1:30 CYNTHIA MYERS

2:00 HANK MIDDLETON

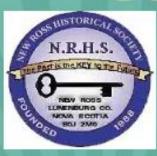
11:30 KEN MACPHERSON

NEW ROSS DEVELOPMENT SOCIETY EAST COAST POWERLINE NEW ROSS CREDIT UNION **MASON & SONS CONSTRUCTION**

Ross Farm Museum 4568 Hwy 12 New Ross Book your \$10 vendor table at newrosshistorical@gmail.com



Acadia University Archives



August 10, 2024 10 - 4

Networking Vendors Family Histories Book sales

Learn what the Acadia Archives have to offer from Wendy Robicheau - Archivist

Break



Beginner Genealogy Workshop register @ info@novascotiaancestos.car

Family Tree Kit \$5 Crafts for all ages





GENEALOGICAL ASSOCIATION OF N.S. (GANS)

BEGINNER GENEALOGY WORKSHOP

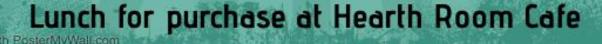
Pamela Wile and Janice Praile-Brown, both Pask Presidents of GANS, are jointly conducting a "Beginner Generalogy" Workshop, aimed at people who are starting their work in genealogy, open to all members of the public.

The Viorkshop will be about two hours in length. It will consist of an introductory presentation, and a series of enercises which will each abow the participant to master a particular set of research tasks. The participant will come away confident about how to move forward with their own family research.

Ms. Fraile-Brown has recently retired from a position at the Circulations Manager at NSCAD University. Iteraty, Jan is currently Cataloguing Manager for the Terry Putch Research Library at CANS. Ms. Wile has had a lifetong interest in genealogy, and is one of the province's specialists in this area. She currently holds the position of Vice-President & Trausurer at CANS.

BEGINNER GENEALOGY WORKSHOP

GANS is holding a "Beginner Generatogy Workshap", open to both members and nonmembers. If you are just storting out or your generatogy journey, you will need some goldence es you begin recording and researching your family history. Join Janice Fraise Brown and Pamela Wile for a morning of instruction and hands on work recording your information. Learn haw to werify your facts, use available resources, and organize your research.



Employment Opportuníty

Position: Mentoring Coordinator Start date: June 30, 2024

As Canada's leading child and youth mentoring charity, Big Brothers Big Sisters facilitates lifechanging relationships that inspire and empower children and youth to reach their potential, both as individuals and citizens. Our agency came into being in 1987, one of many agencies across Canada.

We are seeking a smart compassionate individual who loves kids (Littles) and who would like to be part of a growing team to provide solid mentoring for Littles at risk in the South Shore of Nova Scotia.

Qualifications: Post-secondary degree or diploma in Child/Youth Studies ECE, Social Work or similar field.

Experience: It would be an asset if you have worked with children, youth, families in a direct service role.

You will need a current Criminal Record Check, Child Abuse Registry check as well as maintaining a valid Nova Scotia driver's license with insurance level of minimum of \$1,000,000. You will be reimbursed for mileage relevant to your work visits to families, etc.

The coordinator is able to work effectively independently and as part of a team. This includes the agency staff as well as the Big, Little, parent/guardians and community partners. You will meet and introduce "Bigs" and "Littles" and parent/guardians in each match. You will be the primary contact and avenue of support for each match either In-School Matches (ISM) or Community-based.

Job Types: Part-time, Permanent Pay: \$20.00 per hour Expected hours: 10 – 15 per week

Benefits:

- Flexible schedule
- On-site parking
- Work from home

Schedule:

- Morning shift
- Weekends as needed

Work Location: Hybrid remote in Bridgewater, NS B4V 4G8

Application deadline: 2024-06-30 Expected start date: 2024-07-15

Business Section



T & D NURSERY'S END OF THE SEASON PLANT SALE

The sale on plants will start on July 4th, 2024. All remaining plants with be reduced. Our hours are 8:30am to 4:30pm daily until Friday, July 26th when we will be closing for the season. Thank you for your patronage this year. Inquiries call (902) 689-2737.





We believe in people

over profits.

It's what has kept credit unions in business for over 100 years.

CREDIT UNIONS

56 Forties Rd. PO Box 32 New Ross, NS_B0J 2M0 Phone: (902)689-2949, Fax: (902)689-2597

50 Highway 12, PO Box 69 Chester Basin, NS B0J 1K0 Phone: (902)275-3509, Fax: (902)275-2590 www.newrosscreditunion.ca

Stronger Together You voted. It's official. We're merging! CREDIT

The results are in You said YES!

Members of Community, New Ross and Victory Credit Unions have voted in favour of the merger.

We are excited by the opportunities and value this merger will provide to members. employees, and our communities as we move forward together.

For more details please visit strongertogether-CU.ca

Holiday Branch Hours

NEW BOSS

Both of our branch offices will be closed on

Monday, July 1, 2024 for Canada Day

ATMs are available at both locations to serve you, 24 hours a day, 7 days a week

COMMUNITY



VICTOR!

Congratulations 2024 Graduates

On behalf of the Board of Directors, Management and Staff of New Ross Credit Union, please accept our sincere congratulations on your 2024 graduation.

At New Ross Credit Union, we're proud to support you in this special celebration, and we wish you much success in your future studies.

DEVELOPING RESILIENCE

FOR FRONT LINE WORKERS IN TRAUMA RICH ENVIRONMENTS

One day Equine Assisted Workshop Friday, July 19 9:00 - 4:00 pm

- Explore the neuroscience of your body's stress response and ability to return to calm
 - Work with horses to develop skills that help your nervous system maintain calm
- Ø

Partially covered by most Health Insurances

\$350 Incl HST

Discounts available

To register, for more information about the program or to learn about Early Bird and Bring a Friend discounts contact Therapy@Whinnyhill.ca

A Collaborative Project of Whinny Hill Equestrian Center and Wild Arts Therapy Collective

The Hearth Room Café

LOCATED INSIDE ROSS FARM MUSEUM 4568 HIGHWAY 12, NEW ROSS, BOJ 2M0

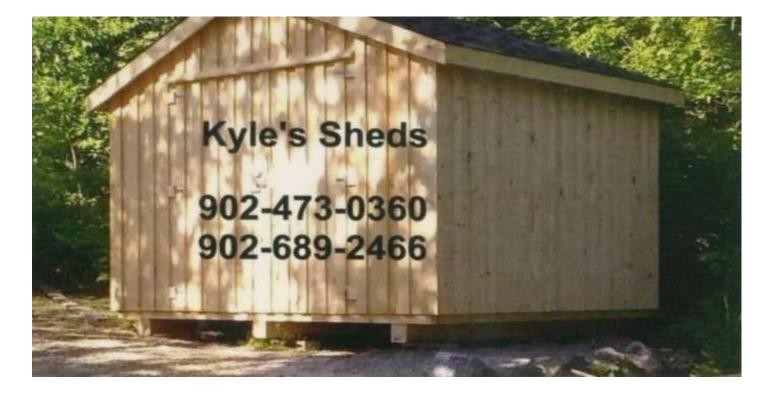


INDOOR & OUTDOOR SEATING

TAKEOUT RESERVATIONS CATERING EVENTS MEETINGS

COFFEE, TEA, PASTRIES ALL DAY BRUNCH, LUNCH, SOUP & SANDWICHES OPEN 7 DAYS A WEEK, 8AM-3:30PM

FOLLOW US ON FACEBOOK FACEBOOK.COM/THEHEARTHROOMCAFE



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time time	neart	chair	chawhowhorge

Mason & Sons

Carpentry

Specializing in custom cabinets, trim work and finish carpentry. Over 75 years of experience in the industry.

> Ken Mason 1(902) 299-7600

Foraged Florals Seasonal Floral Designs for Weddings & Special Events 902-209-3638 • foragedfloralnewross.ca

